

FOR CELLO AND BASS PLAYERS:

BEFORE PRACTICING:

- Wash hands with soap and warm water (**not Purell**) before picking up your instrument
- Put the instrument bag on a **safe surface** to open it
- Slide the bow out (**do not touch the bow hairs!**)
- Tighten the bow: turn the screw to the right 5 – 7 times
- Hold your instrument by the neck
- Pull out the endpin and **tighten it in place**, then place it in the rock stop / strap
- Ask teacher to **straighten your bridge**

AFTER PRACTICING:

- **Clean the rosin off** of each string one by one, clean the whole instrument (under the bridge, under the tail piece...), and wipe off the bow stick
- **Loosen the bow:** turn the screw to the left 5 – 7 times
- **Retract endpin** back into the instrument and **tighten it in place**
- Place the instrument back in the bag
- Slide the bow back into the bag
- Place your endpin rock stop / strap back into your instrument bag

ALWAYS REMEMBER...

The instrument belongs in only **2 places**: in your hands, or in the bag stored carefully.

No one touches your instrument except you and your teacher. Keep your instrument away from your siblings.

Keep your instrument in a **safe place**, away from heater / air conditioner / window, etc.

When transporting your instrument in the car, set it down flat on its back to avoid putting tension on the neck. **The neck should not lean on anything.**

Do not leave your instrument in the car.

When holding the bag as a backpack, remember **not to sit on your instrument** and **not to hit the door with the neck of the instrument.**

Soak your Dampit **every night** and place it in your instrument **during the winter.**

Treat your instrument as if it is a baby – it is fragile and needs love!